

**SA SELECTORIZED SERIES**
**SA005 - SEATED ROW**

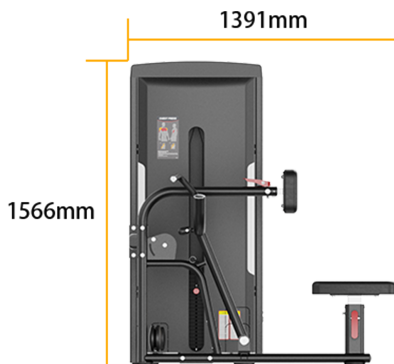
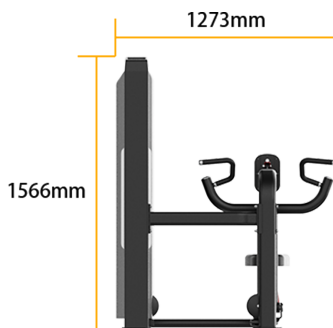
**PRODUCT OVERVIEW**

The professional-grade solution for rowing movements - your ultimate choice for back muscle development. The innovative dual-handle design effectively targets different regions of the back muscles. With 5-position seat height adjustment and 10-position chest pad adjustment, users of any body type and arm length can find their most comfortable and effective training experience.

## SPECIFICATIONS & KEY FEATURES

### Specifications

Dimension:	1273*1391*1566mm
Total Weight:	206kg
Weight Stack:	100kg
Max Weight Stack:	125kg



### Product Features



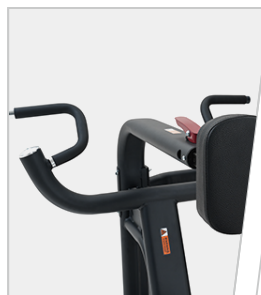
#### Robust and Durable, Value-Optimized Choice

The main frame utilizes Q235A high-frequency cold-rolled steel, with 40\*140mm square tubing and 50\*100mm oval tubing working in harmony to ensure machine durability. 6063-T6 aluminum alloy end caps combined with PVC rubber floor plates ensure stability and aesthetics, while premium high-density padding creates a comfortable seated experience for extended training sessions.



#### Dual-Handle Design, Comprehensive Back Training

The innovative dual-handle design enables comprehensive back training. Standard grip focuses on upper back muscles, while hammer grip emphasizes mid-lower back muscles. Handle surfaces feature special anti-slip material, ensuring stable grip throughout training for superior workout feel.



#### 10-Position Chest Pad, Maximizing Movement Range

10-position chest pad adjustment perfectly accommodates users of different arm lengths, enabling maximum rowing movement range. Combined with 5-position adjustable seat height and dual-handle design, every user can fine-tune their training movements based on individual needs for more targeted training.



#### Precision Weight Stack Engineering, Professional Training Assurance

Utilizing a high-density cast iron weight stack system with specialized black textured powder coating for premium feel. Special protective coating ensures wear and corrosion resistance, providing lasting durability for professional training. The weight distribution is precisely calibrated, with maximum weight reaching 125kg, allowing you to easily find that "perfect training weight" without compromising.